The main idea of the paper *Ban fast-food before banning guns* by Jnathan Landsman is based on the contemporary studies in the question of what influence does fast-food have on peoples' health. The writing style of the studied paper refers, mostly, to journalistic than to scientific. However, the presented ideas are based on the well-known existing facts. Consequently, the credit of trust to the provided article is high. The studied paper is well-organized, written in simple words and clear easy to understand. The provided ideas are logically based and contain no contradictions. Furthermore, the particular article is interesting to read and refers to the problem that has a high level of importance in the present days.

To specify the author's viewpoint on the studied question, it would be proper to remark that the problem of fast-food has already been studied by a vast number of scientists, doctors, journalists and even lawyers. What is more, the above mentioned studies proved the same fact: highly-processed (or junk) food has a destructive influence on peoples' health. Moreover, the author has shown that the topic of fast-food is highly correlated to the problem of suicides and serious mental and physical diseases. Moreover, an author declares a well-known fact that a vast number of mortal illnesses is caused by highly-processed food. Firstly, to understand the author's ideas it would be proper to notify that the idea of banning personal weapons has its own background. However, there is a statement in the provided article that the weapons do not kill people by themselves. People kill people, using weapons. From my point of view, the proposed statement is absolutely correct. Furthermore, it is clear that the person with undamaged mental and physical health will have no desire to do harm to the other living creatures. In addition to the information that was mentioned above, it would be proper to add that a healthy person will not commit suicide. While analyzing all the information that was provided by the author of the studied article, there was an interesting
fact declared: according to the Gallup statistical survey, forty seven percent adults have weapons in their possession. The pronounced date of the statistics was 1993. However, according to the Bureau of Justice Statistics, the number of domestic violence and homicides has declined by sixty percent from 1993 till 2005. Consequently, this fact gave an author a right to state that the core of the problem of homicides and suicides that include gun usage does not refer to the fact of weapon possession. Moreover, it is a well-known fact that food causes a number of diseases. Consequently, the authors ideas have right to exist and be studied in the more specified way.

From my point of view, the main problem of the present time is not caused by fast-food, drugs and alcohol. The core of the problems lies in people by themselves. Despite the presented idea is obvious, it is usually denied in favor of long statistic and scientific analysis of the studied question. It is a well-known fact that people with strong will-power can escape the influence of the problems that were mentioned above. Consequently, it would be more proper to concentrate on growing up a new generation that would be more educated in the sphere of the problems that take place in our society. Moreover, it would be wise to provide more information on the highlighted topics to social media, because, in the present time, social media is full of commercial advertisement, but there is no advertisement on the topic of existing problems. However, until the questions that were mentioned above are not discussed on the governmental level, no social activity would help.